**[Your Name]**  
[Your Address]  
[Your Town/City]  
[Postcode]  
[Email Address]  
[Date]

**[MP Name]**  
House of Commons  
London  
SW1A 0AA

**Dear [MP Name],**

**Subject: Protecting Our Local GP Services – Urgent Need for Support**

I am writing to you as one of your constituents and as a patient registered at a GP practice in North Cumbria. I have recently been made aware that from 1st September 2025, GP practices across our area may have to stop offering certain services — such as blood tests, medication monitoring, and some injections — due to unsustainable pressures and a lack of proper support from the NHS.

As a patient, I value my GP practice enormously. The care I receive there is not only professional and compassionate, but a vital part of staying well and managing my health. However, I also see and hear how stretched local practices are. It’s clear that our local GPs are being asked to do more than ever before — often work that used to be done in hospitals — but without the staff, time, or resources to do so safely.

The North Cumbria Local Medical Committee (LMC) has explained that practices are being asked to deliver these services without long-term funding, proper planning, or capacity. They’ve made the difficult decision to recommend stepping back from unfunded services, to protect the safe delivery of core NHS care.

This is not about practices walking away — it’s about survival, and keeping the doors open for the patients who rely on them.

I am extremely concerned that unless action is taken, access to general practice will worsen, services will continue to be cut, and patient safety will be put at risk.

I am therefore asking for your support in:

1. Raising this matter in Parliament and calling for urgent action to protect general practice
2. Ensuring that funding for essential services remains in general practice, not lost to other parts of the system
3. Backing sustainable, long-term solutions that enable practices to care for their communities safely and effectively

I would welcome a response and, if possible, a meeting or opportunity to discuss this further. I know how committed you are to our area, and I hope you will stand up for the future of NHS general practice in North Cumbria.

Thank you for your time and support.

Yours sincerely,  
**[Your Name]**